

MARCH MAYHEM 2019 - #MM7

IMPORTANT DATES

PREVIEW/PRACTICE RUN – Saturday 2/2 and Sunday 2/3
TRIALS (All 64+ teams) – Thursday 2/20 thru Sunday 2/24
ROUND 1 (64 teams) – Friday 3/1 thru Sunday 3/3
ROUND 2 (32 teams) – Thursday* 3/7 thru Sunday 3/10
ROUND 3 (16 teams) – Monday 3/11 thru Thursday 3/14
ROUND 4 (8 teams) – Friday 3/15 thru Sunday 3/17
SEMI-FINALS (4 teams) – Thursday 3/21**
MAYHEM FINALS (2 teams, 1 Turf) – Saturday 3/23 at Turf Brownstown **11:00am**
FORM WORKSHOP at 9:30am prior to the **FINALS**

* Thursday workouts should allow for teams to plan rest days for the next round should they advance.

** Semi-Finals date is subject to change. We require all teams in the finals workout on the same day to ensure that no team has an unfair advantage by knowing the scores of their opponents ahead of time AND to give each participant the same amount of recovery time before the finals.

OVERVIEW

- Syphus Training's most popular "doubles" tournament
- 64 team bracket-style, single-elimination
- Semi-Random Seeding (see below)
- Teams are handicapped by a Mayhem Boulder. That is, couples that usually score in the 500s can evenly compete against those in the 900s
- All workouts are Pick Your Poison Centaur2 where each partner will select a task and must complete both tasks before advancing to the next task number. You're only as strong as your weakest link!
- Teams advance by their performance (+/-) against their own collective boulder in comparison to that of their opponents.

REGISTRATION, TRIALS and BRACKET SEEDING

Register by contacting a Pro at your Turf who will enter your name, along with your partner's into a database with all participants turf-wide. We ask that you only register for the tournament if you're sure that you can commit to the above dates. Rounds that are listed as a date range mean that you only need to do the competition workout on ONE of the days, not all.

The preview practice run is not a mandatory workout, it's just a way to show people the format of the workout's used in the tournament. It is suggested that you attempt to do this workout with your partner as it'll prepare you for the tournament ahead.

Trials are mandatory as your performance determines (in part) your team's handicap, byes/qualifiers for the 64 team bracket and also your seeding for the tournament. All participants must compete and log a score for Trials no later than 5:00pm Sunday February 2/24.

IF THERE ARE MORE THAN 64 TEAMS ENROLLED – The trials will determine who qualifies for the bracket. Teams with the lowest (+/-) will not make the tournament play.

IF THERE ARE FEWER THAN 64 TEAMS ENROLLED – The trials will determine which teams are awarded a bye. Teams with the highest (+/-) will automatically be advanced to the second round of play.

SEMI-RANDOM SEEDING – Your performance in trials will also determine your placement within the bracket; seeded by performance or seeded randomly. The top 8 teams will be positioned in the bracket in such a way that these 8 teams would not have to face-off against one another until there are 8 teams remaining. These top 8 teams will also be ranked by their trial performance and seeded intentionally based on their performance giving a hypothetical "easier" route to the finals and creating additional incentive to go all out in the trials workout.

On February 25th, the Monday following the trials workout we will have a Facebook live drawing to show the random seeding of the remaining teams to determine the match-ups in Round 1 and beyond.

FAQs

I have a scheduling conflict that won't allow me to participate in the Trials but I am home all March, does that mean I can't compete? The date range provided for the Trials is when we suspect most people will be competing as the trials workout is also the scheduled workout for everyone (even non-mayhem participants) on Saturday 2/23. If you and your partner need to run at a time that earlier, even as much as a week, this is allowed. All scores must be logged by each turf's Pro by 5:00pm on 2/24. Any teams without a score by that time will be excluded from the tournament.

I have a scheduling conflict during the round play, what if we advance and I can't make it, is there any way to work around this? There is, but it often comes at a price! If you know in advance that you will not be able to compete during a certain round, and your team has a chance of making that round, you will need to do that workout in advance. Which usually means little to no rest between bouts and oftentimes it will be done without knowing that your team will actually move on to the round in which your competing. You would be competing for a score that's to be used hypothetically should you advance. There are NO make up dates. That is, we will not accept any scores after the noted dates for each round. Failure to log a score will result in a forfeit.

I have a scheduling conflict with the SEMIFINALS. Should I not sign up? Sign up! With the semi-finals only having four teams to coordinate and nearly an entire week leading up to it, we should be able to corral all of the teams to see if the proposed Thursday works for everyone. As mentioned above, it is imperative that all 4 teams participate on the same day out of fairness.

I have a scheduling conflict during the finals. Should I sign up? No, no you shouldn't. But you can always watch the highlights of it on YouTube.

How is our Trial handicap Boulder derived? For Trials, your handicap is simply an average between you and your partner's 2019 seasonal boulder at the time of your trials. Your pros need to make sure that they enter in each of your 2019 seasonal boulders into our registration spreadsheet BEFORE you do your trial work out so that you're aware of the score your trying to be and to also notify the other location that scores are no being taken after the fact.

How is our Mayhem handicap Boulder derived? More details on how this year's handicap was generated we be calculated will be posted in the week leading up to the week of Trials as to prevent any type of sandbagging. From year to year the factors we consider are the same we look at things like your 30-day boulder, seasonal boulders, performance in trials and performance in past competitions to name a few. This year's handicap will not stray far from what we did last year.

What if there's a tie? In the round play and the semi-finals should there be a tie between teams, the team that has logged the most combined scored workouts for the year of 2019 shall advance. Should there be a tie in the Finals, both teams will be dubbed co-champions.

When will I know if our team advanced to the next round? Why is it taking for long to see the scores from the workout? Knowing your opponent's final score prior to you and your partner running is a very unfair advantage; it gives you a target to hit and it also allows you to rest after hitting that target for the remainder of the workout. Your Pros are aware of these advantages and we take extra care to keep your scores concealed until we verify with the other turfs (or pros if at the same turf) that both teams have completed their workouts. To that point, **we ask that all pros and members of Syphus Training respect this etiquette of the tournament.** If you are working out in a class and witness a team(s) competing for March Mayhem please do not spread the word on their performance as it often gets back to the opponents. Posting scores on Facebook, or even texting about it could leak the information. One step further, you would be wise to keep your score close to the vest until you see the final results posted.

Will we be able to see the workouts for the tournament in advance? Yes, and you'll want to do all the studying you can! All the workouts for the entire tournament will be posted on our website at www.syphustraining.com under the Motherboard tab. This year's workouts will be posted alongside the Motherboard for February.

I am not competing in Mayhem but I see workouts on the schedule listed as March Mayhem. Am I not supposed to come in on those days? Come in and get a sweat. The workout you'll be doing that day is the same that the competitors are doing but we also use the workouts as a workout of the day around the same timeframe that they'll be doing it. Don't worry, just by attending you won't be actually in the tournament BUT you could have a big impact on your turfmates who may be part of your class that ARE competing. Encouragement appreciated!

I am competing in Mayhem but I scheduled with my partner to run on a day after the round we're competing in schedule as the workout of the day, am I able to do the workout solo just to see how it flows? No, sorry. This is an unfair advantage. You will have to do another day's workout on one of the boards at your Turf.

I am competing in Mayhem and my partner and I already did the Mayhem workout that's slated for everyone else, what do I do? You're welcome to that workout again...but do you really want to? If not, you can do a workout from days earlier in the week. Might we suggest the workout that was on the day that you did the Mayhem workout with your partner?

What is the Form Workshop? Founder of Syphus Training and the creator of Syphus' tasks and workouts will be on site the day of the finals in Brownstown to host an event that is part workout and part Q&A. Use this time to learn how to perfect that one task that seems to be your Achilles Heel. Or, if you want clarifications on a whole list of tasks? Bring them all in. The more questions and demos we can provide, the better. The cost to attend the Form Workshop is \$15 and it is FREE for Pros to attend, which may be a good way for Pros to brush up on their task form knowledge. Time will be prior to the March Mayhem Finals workout the details of which have yet to be finalized. Want to sign up? Email Mike at hackett@syphustraining.com for more details.