

# INVERSE LAB

## MTN

- A. BONSAI 3-1-2-1-4-1  
 B. SHUFFLE  
 C. QUICK FT. (20) + RUN  
 D. SWAGGIN 1:1

11. HANG (10) + RUN  
 12. HALD 2-1-3-1-4-1  
 13. MONTAUK  
 14. PLATE PUSH  
 15. MONGOOSE

## U

- A. STAMPEDE  
 B. BUCKS  
 C. HOT COALS (10) + RUN  
 D. APE SHOOT!

24. SLUSKI  
 25. TROG  
 26. REV B.N.C.  
 27. PUSH UP (10) + RUN  
 28. DIABLO

29. TYPHON  
 30. INCH WORM

## MESA

- A. KAMIKAZE 4-3-4-2-4-1-4-1  
 TOES (20) + RUN  
 HIKES  
 D. KOBOLD  
 E. 3 PT. STANCE

40. REV MASTODON  
 41. JABBERWOCKY  
 42. DENSER 2-1-3-1-4-1  
 43. AMAROK  
 44. GARGOYLE  
 45. KNEELING CURL (6) + TZN

## CHECKLIST(2)

- A. SA PP  
 B. SUICIDE 2-1-3-1-4-1  
 C. W. GREMLIN

52. GRECO  
 53. SHOT PUT  
 54. YETI

55. WICCA  
 56. JUNKIE JUMP (8) + RUN  
 57. SCORPION TO 3/BACK

## AND 1

- A. BUTT KICKS  
 B. VIP (10) + RUN  
 C. DEATH ROW 2-1-3-1-4-1

68. REV HYDRA  
 69. CYCLONE (12) + TZN  
 70. REV INCH  
 71. BUZZARD  
 72. JACK-BOX

## FADED

- A. TAUNTAUN  
 B. GALLOW 2-1-4-3-4-1  
 C. COALITION (10) + TZN

79. C.H.B.  
 80. JIGSAW  
 81. TURKEY  
 82. SQUANTOES (20) + RUN

83. SLING SHOT 3-2-4-2-3-1  
 84. PRIMATES 4-1-3-1-2-1  
 85. TAKE OFF!  
 86. BOVINE  
 87. STACK SHOT  
 88. VENOM  
 89. BULLDOG  
 90. GATOR TO 3

A  
 AB  
 ABC  
 ABCD

ABC  
 BCD  
 CDE

A  
 AAB  
 AAABBC

A-D, D-A

ABC  
 ABC

ABC  
 BC  
 C