

SLOPE

CHUCK-IT

PERFORM ALL TASKS AS A CHECKLIST FIRST. DO EACH TASK ONLY ONCE. THEN, GO BACK TO THE START AND PERFORM ANOTHER CHECKLIST THIS TIME WITHOUT DOING ANY OF THE 1'S. REPEAT A THIRD TIME BY DOING JUST THE 3'S AND 4'S. THE LAST TIME THROUGH JUST COMPLETE THE 4'S.

2 GALLOW 2-1-4-3-4-1

2 TAUNTAUN

3 BANDIT (20) + RUN

4 TOES (20) + RUN

1 STAT SWAG (20) + TZN

2 COALITION (10) + TZN

2 SPD SKATES (20) + RUN

4 SPIKES

1 STIGMA (10) + RUN

3 FLAMINGO (6) + TZN

1 TROG

2 REV BEAR

1 MOWGLI (12) + RUN

4 MONKEY

2 SABRE (8) + RUN

1 YAK

1 SUICIDE 2-1-3-1-4-1

3 JACKAL

2 CYCLONE (12) + TZN

4 SLING SHOT 3-2-4-2-3-1

1 OBLITERATOR

1 TORO

1,2

1,2,33,44

1,2,33,44,555,666

1,2,33,44,555,666,7777,8888

ZENITH

1. KAMIKAZE 4-3-4-2-4-1-4-1

2. GRECO

3. BUCKS

4. B. LUNGE

5. TURKEYS

6. APE SHOOT!

7. MIEL'S WHEELS

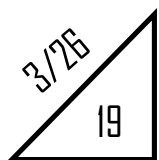
8. XPP

1

2

3

4



SLOPE

1-8

8-1

1-8 **W**

9,10

7-10

5-10

3-10

1-10

REV FADED2

1. BAYOK (6) + RUN

2. JIGSAW

3. TIPPY-TAP

4. HIKES

5. GARGOYLE

6. SKULLS (10) + TZN

7. MIEL'S WHEELS

8. MUGGER (12) + RUN

9. SUICIDE 2-1-3-1-4-1

10. DIABLO

PERFORM AS A CHECKLIST DOING EACH TASK THE NUMBER OF TIMES INDICATED. PATTERN REMAINS CONSISTENT THROUGHOUT.

MATTERHORN

2 CYCLONE (12) + TZN

1 AMAROK

2 REV BEAR

2 TAUNTAUN

1 MONKEY

2 SWAGGIN 1:1

2 CHICKIN 2-1-3-1-4-1

1 WARLOCK

2 POTTY SHOT

2 OGRE (10) + TZN

1 JACKAL

2 SA PP

2 HANG (10) + RUN

1 ANACONDA

2 SQUANTOES (20) + RUN

2 SHUFFLE

1 OZARK

2 MOGUL PUSH

2 YETI

1 SCORPION TO 3/BACK

2 GIMPY DOG

1. SHUTTLE 3-2-4-2-3-1

2. MT. CLIMB (20) + RUN

3. STAMPEDE

4. SUE-STEP (20) + RUN

5. VEXED (10) + RUN

6. STAT ROW (6) + TZN

7. SQ. JUMP (10) + RUN

8. PLATE PUSH

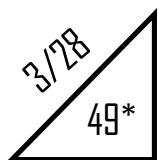
3/27
SLOPE 32

MARCH MAYHEM - FINALS

		ROQ			ROQ
1. QUICK FT (20) + RUN	HOT COALS (10) + RUN		23. SPD SKATES (20) + RUN	MOWGLI (12) + RUN	438
2. EN GARDE	SHUFFLE	X	24. SQUONQ	CROOK	444
3. SWAGGIN 1:1	ALT SQUONQ	X	25. DIABLO	BOULDER	487
4. TAUNTAUN	SKATES	X	26. CROAKIN	GARGOYLE	514
5. MT. CLIMB (20) + RUN	MOGUL (20) + RUN	X	27. RAMBO (10) + RUN	JAGGER (12) + RUN	529
6. BONSAI 3-1-4-2-4-1	SUICIDE 2-1-3-1-4-1	X	28. VENOM	BULLDOZER	559
7. MIEL'S WHEELS	KOBOLD	X	29. THRUST TO FROG	M.F.T.	606
8. LYCAN (10) + RUN	LYCAN (10) + RUN	X	30. SLUSKI	INCH WORM	647
9. PLATE PUSH	XPP	X	31. SKY HIGH 4-1	SKY HIGH 4-1	652
10. HIKES	VIP (10) + RUN	X	32. YETI	AMAROK	673
11. TOES (20) + RUN	SUE-STEP (20) + RUN	X	33. BOVINE	GIMPY DOG	697
12. MONKEY	MONGOOSE	X	34. TARASQ	TRIFECTA 6+	712
13. STAMPEDE	TURKEY	X	35. GALLOW 2-1-4-3-4-1	SHUTTLE RUN 3-2-4-2-3-1	717
14. F. LUNGE	REV BEAR	X	36. SLING SHOT 3-2-4-2-3-1	STACK SHOT	754
15. REV B.N.C.	WARRIOR	X	37. MOGUL PUSH	NEAPOLITAN	785
16. STAT HALO (18) + TZN	KIT. SINK (10) + TZN	X	38. MONTAUK	BEAR	813
17. VIPER	TYPHON	X	39. TYSON	TYSON	821
18. JACKALOPE	SPIKES	X	40. SCORPION TO 3/BACK	SL INCH	871
19. CRAZY LEGS	VEJUM	X	41. TWISTED	REV BULLDOG	902
20. W. GREMLIN	W. GREMLIN	X	42. SKUFFLE	SQUIBBLE	904
21. REV HYDRA	SLALOM	375	43. B. LUNGE	YAK	931
22. REVIVAL	HACK-IT	427	44. BUCKS	WARLOCK	969
			45. SA PP	SA PP	993

SCORES DISPLAYED REFLECT COMPLETION OF THE TASK'S SECOND REP

SOME TASK PAIRINGS MAY DIFFER IN TIER/RANKING LISTED IN THE MOD-INDEX; THIS IS O.K. FOR THESE WORKOUTS
TASKS OUTLINED IN A DOTTED LINE ARE INTENTIONALLY THE SAME FOR BOTH PARTICIPANTS



HIGHEST SLOPE
FOR A B.W.
WORKOUT EVER!

CROSS-LISTS

PERFORM EACH SECTION
AS A CHECKLIST AND IN
THE FOLLOWING ORDER:

1A 1B 1C
2A 2B 2C
3A 3B 3C
4A 4B 4C

1. BONSAI 3-1-4-2-4-1 TYSONS

BANDIT (20) + RUN
ALT. SQUONQ

2. TYPHON

SPD. SKATES (20) + RUN
PARATROOP (10) + RUN
MANTIS (8) + RUN

3. DECALF

SHUTTLE RUN 3-2-4-2-3-1
POUNCER (10) + RUN
HIGH Xs

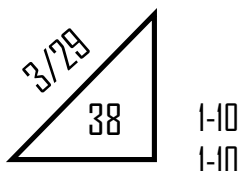
4. ALI 22+

BOVINE
C.H.B.
REV HYDRA

A. TOES (20) + RUN
LYCAN (10) + RUN
HANG (10) + RUN
GORGON (8) + RUN

B. AMAROK
VIPER
PUSH UP (10) + RUN
PEG LEG (8) + RUN

C. GBD (15) + RUN
PETRA
F. LUNGE
REVIVAL



CHECKLIST(2)

1. SUICIDE 2-1-3-1-4-1
2. QUICK FT. (20) + RUN
3. SWAGGIN 1:1
4. PLATE SHAKE 9+
5. MT. CUMB (20) + RUN
6. SQUONQ
7. JIGGY (20) + RUN
8. XPP
9. MONGOOSE
10. PUSH UP (10) + RUN

1-8
1-6,7,8
1-4,5,6,7,8
1-2,3,4,5,6,7,8
1-8

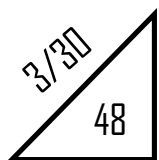
DARK-SIDE2

- | | |
|----------------------|----------------|
| 1. SCALAWAG | PIRATE |
| 2. 3 PT. STANCE | TORO |
| 3. VIP (10) + RUN | VIPER |
| 4. BANDIT (20) + RUN | S.A.P.P |
| 5. MUGGER (12) + RUN | RAZOR |
| 6. REV BEAR | REV PLATE PUSH |
| 7. SKY HIGH 4-1 | HAG 1:1 |
| 8. GREMLIN | BUZZARD |

1-10
1-4,7-10
1-3,8-10
1,2,9,10
1,10

CAVITY

1. TROG
2. FLAMINGO (6) + TZN
3. JUNKIE JUMP (8) + RUN
4. QUICKSAND
5. DEATH ROW 2-1-3-1-4-1
6. BENCHED (30) + TZN
7. APE SHOOT!
8. SABRE (8) + RUN
9. REV BOVINE
10. TAKE OFF!



SLOPE

1
12
123
1234
12345
123456

MTN

1. HOT COALS (10) + RUN
2. ALI 22+
3. INFINITY (20) + RUN
4. BULLY
5. TYSONS
6. SAWED OFF (10) + TZN

1-3, 4A 4A
1-3, 4B 4B
1-3, 4C 4C

REPITLIAN²

1. MOWGLI (12) + RUN
 2. SKY HIGH 4-1
 3. BANDIT (20) + RUN
-
- 4A. JACK BOX
4B. VENOM
4C. F. LUNGE

1-3, 3-1

U



1. GORGON (8) + RUN
2. MANTIS (8) + RUN
3. BUCK UP

123
234
345
456

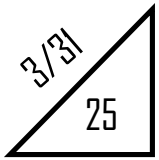
MESA

1. SLUSKI
2. HIKES
3. MONTAUK
4. BUTT KICKS
5. FLAMINGO (6) + TZN
6. JACK-ASS

121314
2324
34

EQUALIBRIOUS

1. MIEL'S WHEELS
2. SHWAGGIN 1:1
3. SUE-STEP (20) + RUN
4. ENFORCER



SLOPE

- PERFORM U-TURN
- 1. PERFORM C2
- 1,2. PERFORM GAUNTLET
- 1,2,3. PERFORM EL CYCLE
- 1,2,3,4. PERFORM MTN2
- 1,2,3,4,5. VERTEX
- 1,2,3,4,5,6,7

CORNERSTONES

1. QUICK FT. (20) + RUN

2. W. GREMLIN

3. PLATE PUSH

4. W. LUNGE

5. PRIMATES 4-1-3-1-2-1

6. NEAPOLITAN

7. M.F.T.

1-4, 4-1

QUICK FT (U-TURN)

1. QUICK FT. (20) + RUN
2. BONSAI 3-1-4-2-4-1
3. MT. CLIMB (20) + RUN
4. TURKEY

11,22,33,44

W. GREMLIN (C2)

1. W. GREMLIN
2. JIGGY (20) + RUN
3. YIKES!
4. CHIMP (8) + RUN

PUSH, TASK, PUSH, TASK...

P. PUSH (GAUNTLET)

1. HALO 2-1-3-1-4-1
2. KNEEL CURL (6) + TZN
3. REV GARGOYLE
4. JESTER

1-4, 4-1
2,3,3,2

W. LUNGE (EL CYCLE)

1. W. LUNGE
2. POTTY SHOT
3. TROMBONE 6+
4. TARASQ

1,2
1-4
1-6

PRIMATE (MTN2)

1. PRIMATES 4-1-3-1-2-1
2. HAG 1:1
3. BUCKS
4. PINNED 2-1-3-1-4-1
5. HACK-IT
6. BOULDER

NEAPOLITAN (VERTEX)

1. NEAPOLITAN
2. APE SHOOT!
3. MONTAUK
4. SKY HIGH 4-1

1
122
12333
1234444