

MARCH MAYHEM 2024 - #MM12

IMPORTANT DATES

TRIALS (All teams) – Monday 2/5 thru Monday 2/12

ROUND 1* (All teams) – Friday 2/18 thru Sunday 2/19

ROUND 2 (16 teams) – Friday 2/23 thru Sunday 2/25

ROUND 3 (8 teams) – Friday 3/1 thru Sunday 3/3

ROUND 4 (4 teams) – Friday 3/8 thru Sunday 3/10

MAYHEM FINALS (4 teams, 2 H2H finalists and 2 Highest +/-, Saturday 3/16, location TBD)

* If fewer than 32 teams register, ROUND 1 will be used as a second "TRIAL"; teams will compete for placement in a 16-team bracket.

* If more than 32 teams register, TRIALS will be used to narrow (eliminate) the field down to 32.

OVERVIEW

- Syphus Training's annual "doubles" tournament.
- Two ways to make the finals:
 - 32-Team single elimination head-to-head bracket [two teams remaining after ROUND 4 advance to the finals]
 - Two at-large bids awarded to the teams with the best overall +/- [ALL teams continue to play in ALL rounds, even if you've been eliminated from the Head-to-Head bracket]
- Round-by-Round performance based seeding. Each round, the bracket will be reseeded based +/- to prevent blow-outs.
- Teams are handicapped by a Mayhem Boulder (average). This average is accumulative and will adjust with your performance throughout the duration of the tournament. Math nerds see below for formulas!
- All workouts are Pick Your Poison Centaur2 where each partner will select a task and must complete both tasks before advancing to the next task number. You're only as strong as your weakest link!
- Teams in the head-to-head bracket advance by their performance (+/-) against their own collective boulder in comparison to that of their opponents.

PREREQUISITES

- A minimum of 10 scored workouts logged in 2024
- All 10+ workouts must also be using the same weight class you're competing in (ie. If you're going to compete using a 25# plate, you need to have 10+ scores logged THIS YEAR using the 25)
- The drop-dead cut off for achieving 10+ workouts will be 5:00 pm on Saturday, February 3rd. This will allow us to pull the data for determining your tournament boulder.

TOURNAMENT BOULDERS & CALCULATIONS

Trial Boulders are calculated by taking your 2023 Season Boulder or 2024 Season Boulder (whichever is highest), multiplying it by 2, and then adding the lesser seasonal boulder to it, then divide it by 3. Do this for both junkies to arrive at their collective average.

Example: Team A (Competitor 1 and Competitor 2)

Competitor 1
Previous Season: 822
Current Season: 912

Competitor 2
Previous Season: 905
Current Season: 856

Competitor 1 Weighted average = $((912 * 2) + 822) / 3 = 882$

Competitor 2 Weighted average = $((905 * 2) + 856) / 3 = 889$

Team A's Trials Boulder would be: $(882+889)/2=886$

Tournament Boulder

The performance (+/-) against your Trial Boulder will determine a team's placement in the bracket **or** which teams are eliminated from bracket play. Trial scores will be used for placement into round 1 and will be combined with your weighted average to determine the aggregate AKA **Tournament Boulder**. The **Tournament Boulder** will be adjusted round-to-round to promote maximal output and truly determine the top performing teams. Tournament Boulders will **never be adjusted lower**, that is, if a team scores negative in a round, their Tournament Boulder will remain the same for the next round. If a team scores higher, their Tournament Boulder will reflect this jump and the team will be held to a higher standard in the next round.

Tournament Boulder

Team A Trials Score: 920

Round 1 Boulder: $((920 * 2) + 886) / 3 = 909$

Round 1 Example

Round 1 Score: 930

Round 2 Boulder: $((930 * 2) + 909) / 3 = 923$

Round 2 Example

Round 2 Score: 890

Round 3 Boulder: $((923 * 2) + 890) / 3 = 912$ Boulder remains 923

PERFORMANCE BASED SEEDING

Seeding will be done by pairing the closest +/- from each round. The highest +/- will go against the second highest +/- . In case of a tie between more than 2 teams, the team's boulder will be used to pair against opponents with similar Boulders.

THE FINALS

To make the finals, you must either be one of the two teams remaining at the end of bracket play **OR** one of two teams with the highest +/- for the tournament. If any of the highest scoring +/- teams are also one of the head-to-head finalist, the next highest +/- will be given a spot in the finals. Four teams (8 individuals total) will compete on the same turf at the same time to determine the overall March Mayhem Champions. Should the finals result in a tie; co-champions will be named.

The Finals is a one-day showdown to crown the winner. The winner of the Finals is determined by the team with the best +/- in the finals workout, only. **Again, it is not the team with the best accumulative tournament +/- that determines the champion, but it's the team with the best +/- on that day.**

Note: March Mayhem Finals will always be hosted at Brownstown or Harrison Township, whichever turf has the most teams registered. Brownstown and Harrison are the only two turfs that will fit 8 participants and spectators.

FAQs

I have a scheduling conflict during the round play, what if we advance and I can't make it, is there any way to work around this? There is, but it often comes at a price! If you know in advance that you will not be able to compete during a certain round, you are allowed to perform the workouts you'd miss in advance (not including the Finals) There are **NO** make up dates. That is, we will not accept any scores after the noted dates for each round. Failure to log a score will result in a forfeit.

What if there's a tie? In the round play and the semi-finals should there be a tie between teams, the team that has logged the most combined scored workouts for the year of 2023 shall advance. Should there be a tie in the Finals, both teams will be dubbed co-champions.

When will I know if our team advanced to the next round/Why is it taking so long for the scores to be posted? Knowing your opponent's final score prior to your run is an unfair advantage; it gives you a target to hit and allows you to coast after hitting that target for the remainder of the workout. Your Pros are aware of these advantages and we take extra care to keep all scores concealed until we verify the other turfs (or pros if at the same turf) that both teams have completed their workouts. To that point, **we ask that all pros and members of Syphus Training respect this etiquette of the tournament.** If you are working out in a class and witness a team(s) competing for March Mayhem please do not spread the word on their performance as it often gets back to the opponents. Posting scores on Facebook, or even texting about it could leak the information. One step further, you would be wise to keep your score close to the vest until you see the results posted.

I am not competing in Mayhem but I see workouts on the schedule listed as March Mayhem. Am I not allowed to come to the turf on those days? Hell nah! Come in and get your sweat on. This year's Mayhem workouts will be scheduled as the daily board on Fridays for all of Syphus Training, including the Finals for the regular Junkies) Fear not, you won't actually be in the tournament by attending. You WILL, however, have a big impact on your turfmates who ARE competing. Encouragement appreciated!

I'm competing in the tournament. Can I do the Mayhem workout with my partner (or solo) on the day it's posted as a practice run? No, sorry. This is an unfair advantage. If you are in the tournament, you only get one attempt at the workout. If your team is planning to do Mayhem workouts on Sunday and want to do a workout Friday when the Mayhem workout is scheduled for all, swap the Mayhem board with what is schedule for Sunday.

I am competing in Mayhem and my partner and I already did the Mayhem workout that's slated for everyone else, what do I do? You're welcome to that workout again....but do you really want to? You can do a workout from days earlier in the week. Or, might we suggest the workout that was on the day that you did the Mayhem workout with your partner?

Can I go up or down in weight class for the tournament? The short version is, yes, you can...but not without a few considerations that are scrutinized on a case-to-case basis. A fun and successful tournament is one that levels the playing field for all abilities; this is achieved by having the most objective handicaps possible. This comes down to the data. And since each weight class is recorded differently on your profile, switching weight classes is an easy way to easily throw off this data, whether intentionally or unintentionally.

As outlined above, we take many different stats from your workout portfolio over the course of a number of different sample sizes; however, when a someone registers for the tournament in a weight class that is different than the one they usually use; this comes with a little more scrutiny and comes with the following considerations:

Mandatory Minimum of 10 Scored Workouts – If you have not logged at least scored 10 workouts in the calendar year, you are not eligible for the tournament. Weight class is irrelevant.

Going Down in Weight – Is generally more acceptable than going up in weight for the fact that "sandbagging" is less likely. That is, if 75% of the time you use the 45# and 25% of the time you use a 35#, chances are your scores with the lower weight will be higher. Your track record should show this. If it does not, then additional scrutiny may be given. In most cases, however, going down in weight means that you're trading in some weight for a higher tournament average to compete against; there's nothing wrong with that!

Going Up in Weight – The reasons people go up in weight during the year may vary. Some bump up in weight for the added challenge. Some like to use a heavier weight when they're going "slower" as a way to still keep a score but to prevent skewing their "normal" weight class's scores. Knowing this, individuals who register for the tournament using a heavier weight often have their scores put under the microscope. Since a heavier weight usually means lower scores and lower scores may give an easier boulder to beat for the competition. If it is determined that the individual has a long history of using two different weight classes and has fairly consistent scores across both, we will generally allow participation. However, if there is little to no history of a heavier weight being used or the data is so sporadic, we usually do not allow this type of move for objectivity sake.

Injury, Absence and Newcomers – Exceptions to the above are if you are brand new to Syphus, coming off an injury or have had an extended absence for some time. Let's face it, if you've been away or are brand new, it's going to be an uphill challenge all the way! If you have the required 10 workout minimum met, you're good to go.