

**APRIL**

**MOTHERBOARD**

**2024**

# THE SYPHER

TAP IN. TAME IT. LET IT OUT.

## FORM FIRST

PERFORM EACH TASK TO THE BEST OF YOUR ABILITY. DON'T CHEAT YOURSELF IN PURSUIT OF A HIGHER SCORE.

## COMPETITION SECOND

COMPETITION IS THE HEART OF SYPHUS BUT SECONDARY TO FORM. YOU ARE YOUR GREATEST COMPETITION.

## FOLLOW THE BOARD, NOT THE HERD

YOU'LL NEVER LEAD THE PACK IF YOU'RE WAITING TO FOLLOW SOMEONE ELSE. READY TO GO? ASK YOUR PRO.  
COMMITTING TASKS AND PROGRESSIONS TO MEMORY ENGAGE THE MIND AS WELL AS THE BODY.

## THE PRO IS NOT A REFEREE

ALL PROS ARE EXPERIENCED VETERANS OF SYPHUS TRAINING & HAVE BEEN RECOGNIZED FOR THEIR OF KNOWLEDGE AND RECALL OF THE FORMS, TASKS AND CIRCUITS OF SYPHUS. ANY INSTRUCTION FROM YOUR PRO IS FOR YOUR SAFETY AND IMPROVEMENT.

## THE MOST IMPORTANT TASK IS THE ONE YOU'RE ON

- NEVER PERFORM A STATIONARY TASK OUTSIDE OF THE ENDZONE
- ALWAYS FACE THE FIELD
- NEVER STOP SHORT OF YOUR MARK
- TASK PERFORMED OUT OF ORDER ARE NOT GIVEN CREDIT
- REDEEM ANY TASKS PERFORMED OUT OF ORDER
- LET THE PRO KNOW WHEN REDEEMING OR NEEDING A MODIFICATION
- IF YOU'RE UNSURE WHICH REP YOU'RE ON; DO ANOTHER

## NO SCORE? LET US KNOW BEFORE

YOU'RE NOT REQUIRED TO KEEP A SCORE, BUT IF YOU DO, PLEASE REMEMBER THE FOLLOWING:

- IF YOU DO NOT WANT A SCORE, LET US KNOW BEFORE YOU HIT THE TURF.
- IF WE MAKE AN ERROR OR FORGET TO IN ENTER YOUR SCORE PLEASE LET THE PRO KNOW UPON YOUR NEXT VISIT.
- PERSONAL MESSAGES AND TEXTS WILL NOT BE ANSWERED FOR SCORING PURPOSES.

## PLATE ETIQUETTE

- DO NOT SWITCH PLATES MID-WORKOUT FOR ONE THAT "SLIDES" EASIER. SWEAT ON THE PLATE IS A GOOD THING.
- DO NOT INTENTIONALLY DROP PLATES FROM ANY POINT HIGHER THAN YOUR HIP AS IT DAMAGES THE TURF.
- PLEASE WIPE DOWN YOUR PLATE AND RETURN IT TO THE RACK AT THE END OF THE WORKOUT.

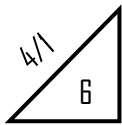
## WAIT YOUR TURN

RESPECT THE WORKOUT OF OTHERS. STAY OFF THE FIELD OF PLAY WHEN A WORKOUT IS IN PROGRESS  
EVERYONE HAS A FAVORITE PLATE AND LANE BUT PLEASE WAIT TO CLAIM IT.

## LET IT OUT

IF THE WORKOUT MAKES YOU WANT TO SCREAM AND CUSS, GO AHEAD AND LET IT OUT!  
BE WARNED, SOME OF THE MUSIC PLAYED IS JUST AS ILLICIT.

## EMBRACE THE HANGOVER



SLOPE

1-10, 1 xpp, 11-20, 1 benched, 21-30, 1 mongoose

1-10, 2 xpp, 1 shot put, 11-20, 2 benched, 1 bully, 21-30, 2 mongoose, 1 swashbuckler

1-10, 3 xpp, 2 shot put, 1 hack-it, 11-20, 3 benched, 2 bully, 1 sl boulder, 21-30, 3 mongoose, 2 swashbuckler, 1 pirate

# TOTAL FIND MUCK

Like Speed Bumps where each "speed bump" is a Find Muck you'll build with each pass through the checklist.

1. SUE STEP (20) + RUN
2. EN GARDE
3. ALT. SQUONQ
4. PLATE SHAKE 9+
5. SPD SKATES (20) + RUN
6. BONSAI 3-1-4-2-4-1
7. HIKES
8. HANG (10) + RUN
9. KNEEL CURL (6) + TZN
10. MOWGLI (12) + RUN

## FIND MUCK

- 321 XPP
- 21 SHOT PUT
- 1 HACK-IT

11. TROG
12. BANDIT (20) + RUN
13. TOUCAN (20) + TZN
14. GARGOYLE
15. POTTY SHOT
16. SQ. THRUST (10) + RUN
17. F. LUNGE
18. PUSH UP (10) + RUN
19. MIEL'S WHEELS
20. SLAP JACK

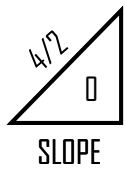
## FIND MUCK

- 321 BENCHED (30) + TZN
- 21 BULLY
- 1 SL BOULDER

21. BAYOK (6) + RUN
22. MUGGER (12) + RUN
23. TURKEYS
24. YETI
25. TYPHON
26. HOT COALS (10) + RUN
27. REV VIPER
28. RDL (8) + TZN
29. CHICKIN 2-1-3-1-4-1
30. TWISTED

## FIND MUCK

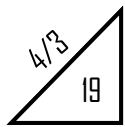
- 321 MONGOOSE
- 21 SWASHBUCKLER
- 1 PIRATE



1-30  
1-25  
1-20  
1-15  
1-10  
1-5

# REV MTNS

1. SUICIDE 2-1-3-1-4-1
2. STAMPEDE
3. TYSONS
4. SWAGGIN 1:1
5. SUE STEP (20) + RUN
6. CURL WALK 6+
7. COALITION (10) + TZN
8. MUGGER (12) + RUN
9. ROW STROLL 6+
10. PRIMATES 4-1-3-1-2-1
11. PUSH UP (10) + RUN
12. APE SHOOT!
13. OFFERING
14. SQ. JUMP (10) + RUN
15. ALI 22+
16. BENCHED (30) + TZN
17. F. LUNGE
18. VEXED (10) + RUN
19. REV BALL N CHAIN
20. MONGOOSE
21. XPP
22. W. GREMLIN
23. ABD MANTIS (8) + RUN
24. JABBERWOCKY
25. TYPHON
26. KAMIKAZE 4-3-4-2-4-1-4-1
27. SHOT PUT
28. JOHNNY APPLESEED
29. JACKAL
30. REV INCH



SLOPE

123  
234  
345  
456  
567  
678  
789  
89,10

## MESA

1. QUICK FT. (20) + RUN
2. EN GARDE
3. SWAGGIN 1:1
4. KOBOLD
5. RAMBO (10) + RUN
6. HIKES
7. SA P.P.
8. VIPER
9. OGRE (10) + TZN
10. REV PLATE PUSH

1-5, 6A 6A 6A  
1-5, 6B 6B 6B  
1-5, 6C 6C 6C

## REPTILIAN3

1. TOES (20) + RUN
2. BONSAI 3-1-4-2-4-1
3. STAT ROW (6) + TZN
4. RDL (8) + TZN
5. JAGGER (12) + RUN

6A. JACKALOPE

6B. BALL N CHAIN

6C. REV HYDRA

1-5, 5-1  
2-4, 4-2  
3,3

## EL CYCLE

1. CYCLONE (12) + TZN
2. TROG
3. STAMPEDE
4. BRIDG BENCHED (30) + TZN
5. BUZZARD

1-12  
12-1  
1-12

W

1. TIP-TOES (20) + RUN
2. VEXUM
3. YETI
4. MIEL'S WHEELS
5. MT. CLIMB (20) + RUN
6. F. LUNGE
7. POTTY SHOT
8. TWO-STEP (20) + RUN
9. INCH WORM
10. PEG LEG (8) + RUN
11. APE SHOOT!
12. MONGOOSE



SLOPE

**4SQ.**

PERFORM EACH SECTION  
IN THE ORDER BELOW.  
SEE YOUR TURF FOR  
CIRCUIT KEYS:

**A - CHECKLIST(2)**

**B - MTN2**

**C - FILLING**

**A - GAUNTLET**

**D - MTN4**

**C - CENTAUR2**

**A**

1. SHUFFLE
2. STAMPEDE
3. MUGGER (12) + RUN
4. PLATE SHAKE 9+
5. SUE STEP (20) + RUN
6. KOBOLD
7. CYCLONE (12) + TZN
8. GORGON (8) + RUN

**B**

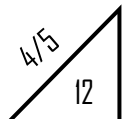
1. VIP (10) + RUN
2. HANG (10) + RUN
3. HIKES
4. GARGOYLE
5. QUICK FT. (20) + RUN
6. 45°
7. INCH WORM
8. SLING SHOT 3-2-4-2-3-1

**C**

1. BANDIT (20) + RUN
2. BONSAI 3-1-4-2-4-1
3. TARASQ
4. BUCKS
5. PETRA
6. SLAP JACK
7. SWAGGIN 1:1
8. TRUMPET 9+

**D**

1. PINNED 2-1-3-1-4-1
2. MIEL'S WHEELS
3. CRAISE (20) + TZN
4. PABLO
5. STIGMATA (10) + RUN
6. BENCHED (30) + TZN
7. THRUST TO FROG
8. XPP



SLOPE

1  
12  
123  
1  
12  
123...

## MOLE HILLS

1. QUICK FT. (20) + RUN

2. TYSONS

3. MT. CLIMB (20) + RUN

1. TURKEYS

2. SWAGGIN 1:1

3. MONTAUK

1. HIKES

2. PUSH UP (10) + RUN

3. PARATROOP (10) + RUN

1. B.O.R. (15) + TZN

2. SA P.P.

3. BALL N CHAIN

## REVERTEX

1. JAGGER (12) + RUN

2. HALO 2-1-3-1-4-1

3. POTTY SHOT

4. PRIMATES 4-1-3-1-2-1

1-15

15-1

U

1. COALITION (10) + TZN

2. SCALAWAG

3. CURL WALK 6+

4. MOGUL PUSH

5. FLAMINGO (6) + TZN

6. APE SHOOT!

7. K.O.D. (20) + TZN

8. BULLDOG

9. SQ. JUMP (10) + RUN

10. CRAISE (20) + TZN

11. CHICKIN 2-1-3-1-4-1

12. RAMBO (10) + RUN

13. GATOR TO 3

14. SUICIDE 2-1-3-1-4-1

15. BUZZARD

1-6, 7A

1-6, 7B

1-6, 7C

1-6, 7D

## REPTILIAN

1. SHUTTLE 3-2-4-2-3-1

2. INFINITY (20) + RUN

3. GBD (15) + RUN

4. VIPER

5. ALT. SQUONQ

6. TOES (20) + RUN

7A. SLUSKI

7B. MASTODON

7C. TORO

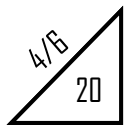
7D. CUJO (L)

1234444

12333

122

1



SLOPE  
899 ok

123  
234  
345  
456  
567  
678  
789  
89.10

## MESA

1. BONSAI 3-1-4-2-4-1
2. SUE-STEP (20) + RUN
3. STAMPEDE
4. SWAGGIN 1:1
5. MOWGLI (12) RUN
6. CURL PRESS 5+
7. RIBBITS (10) + RUN
8. MONKEY
9. KOBOLD
10. BENCHED (30) + TZN

**NEW!**

Perform 3 down-and-backs (4-1) before each task.  
Use ANY method you'd like, run, walk, shuffle, tzn.  
The catch? These down-and-backs have no point values.

## MIRAGE

1. MONGOOSE
2. TROG
3. XPP
4. BOVINE
5. TAKE OFF!
6. AMAROK
7. TYSONS
8. GIMPY DOG
9. REV MASTODON
10. TURKEYS
11. YETI
12. PLATE PUSH

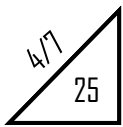
12  
12,3344  
12,3344,555666  
12,3344,555666,7778888

## ZENITH

- |                         |    |
|-------------------------|----|
| 1. INCH WORM            | 1X |
| 2. GRECO                |    |
| <hr/>                   |    |
| 3. RAMPAGE (12) + RUN   | 2X |
| 4. MANTIS (8) + RUN     |    |
| <hr/>                   |    |
| 5. ROW STROLL 6+        | 3X |
| 6. NEAPOLITAN           |    |
| <hr/>                   |    |
| 7. MIEL'S WHEELS        | 4X |
| 8. PRIMATES 4-1-3-1-2-1 |    |

Return to the Mirage if you finish the Zenith





SLOPE

WARM UP  
CHECKLIST(2)

1. HIGH Xs
2. QUICK FT. (20) + RUN
3. SWAGGIN 1:1
4. EN GARDE

Start with Checklist(2)  
warm up.

Pick ONE task from each  
category; do it once. The  
second time through, do  
the exercise you chose  
first and add a second  
task from that same  
category. Repeat this  
for your third and  
fourth time through.

Never repeat a task in a  
MTN. Always maintain  
the same order.

# BARNSTORMER

A.

1. ALI 22+
2. W. CROOK
3. JIGGY (20) + RUN
4. PARATROOP (10) + RUN

D.

1. AMAROK
2. PLATE PUSH
3. SLAP JACK
4. PRIMATES 4-1-3-1-2-1

G.

1. VIPER
2. B. LUNGE
3. MONTAUK
4. ABD. FLAMINGO (6) + TZN

B.

1. 3 PT.
2. F. LUNGE
3. BEAR
4. BUZZARD

E.

1. KOBOLD
2. APE SHOOT!
3. BANDIT (20) + RUN
4. TROG

H.

1. COALITION (10) + TZN
2. HOPSCOTCH
3. HIKES
4. RAMBO (10) + RUN

C.

1. PUSH UP (10) + RUN
2. CYCLONE (12) + TZN
3. JACKALOPE
4. O-BOR (10) + TZN

F.

1. RDL (8) + TZN
2. DELAURA
3. CRAY-CRAY
4. REV BOVINE

I.

1. BULLDOG
2. JUNKIE JUMP (8) + RUN
3. BULLDOZER
4. GBD (15) + RUN



1. GALLOW 2-1-4-3-4-1
2. TURKEYS
3. COALITION (10) + TZN
4. SHUFFLE
5. TRUMPET 9+
6. HIKES
7. LYCAN (10) + RUN
8. STAMPEDE
9. MIEL'S WHEELS
10. TROG
11. VIPER
12. CRAZY LEGS
13. QUICK FT. (20) + RUN
14. RAMBD (10) + RUN

## SPEED BUMPS 2X

Checklist (2) all tasks  
in black.

When you get to a  
section in red the first  
time do the "a" tasks.  
On your second time  
through the checklist  
do the red "b" tasks.

- |                                     |
|-------------------------------------|
| <b>15A. GRECO</b>                   |
| <b>16A. MINOTAUR</b> Ⓐ              |
| <b>15B. ROOTED GROOT (8) + PUSH</b> |
| <b>16B. REVIVAL</b>                 |

17. ALT. SQUONQ
18. BONSAI 3-1-4-2-4-1
19. VIP (10) + RUN
20. CURIOUS GEORGE
21. TAUNTAUN
22. BULLDOG
23. KNEELING CURL (6) + TZN
24. KAMIKAZE 4-3-4-2-4-1-4-1

<b>25A. COBRA (10) + PUSH</b>
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<b>26A. SA DIABLO</b>
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<b>25B. REV BOVINE</b>
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<b>26B. SLUSKI</b>
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27. SWAGGIN 1:1
28. KOBOLD
29. PLATE PUSH
30. GARGOYLE
31. HOT COALS (10) + RUN
32. 3 PT. STANCE

33. XPP
34. TYSON

<b>35A. THRUST TO FROG</b>
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<b>36A. QUICKSAND</b> Ⓐ
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<b>35B. PROWLER</b> Ⓐ
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<b>36B. ANACONDA</b>
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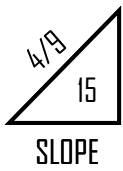
37. PLATE SHAKE 9+
38. MOWGLI (12) + RUN
39. MOGUL PUSH
40. PRIMATES 4-1-3-1-2-1
41. SKY HIGH 4-1
42. YETI

<b>43A. SL INCH</b>
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<b>44A. PETRA</b>
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<b>43B. C.H.B.</b>
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<b>44B. MOGUL 6 TO FROG</b>
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1-8  
1-8  
1-8

## CHECKLIST(3)

1. QUICK FT. (20) + RUN
2. TYSONS
3. MOGUL (20) + RUN
4. TAUNTAUN
5. LYCAN (10) + RUN
6. W. GREMLIN
7. CURL PRESS 5+
8. NEAPOUTAN

1A, 1B, 1C  
2A, 2B, 2C  
3A, 3B, 3C  
4A, 4B, 4C

1,22  
1,22,3,44  
1,22,3,44,5,66  
1,22,3,44,5,66,7,88  
1,22,3,44,5,66,7,88,9,10,10

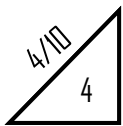
## CROSS-FIRE

1. XPP
2. YETI
3. BENCHED (30) + TZN
4. HAG 1:1

- A. POTTY SHOT
- B. RIBBITS (10) + RUN
- C. GBD (15) + RUN

## 1,2 PUNCH

1. MIEL'S WHEELS
2. APE SHOOT!
3. PISTON (10) + TZN
4. TROG
5. ALL 22+
6. REV MASTODON
7. STORK (20) + TZN
8. VEXUM
9. BANDIT (20) + RUN
10. TAKE OFF!



SLOPE

1-3  
1-6  
1-9  
1-12

## MTN3

1. SHUFFLE
2. SUE-STEP (20) + RUN
3. SHUTTLE RUN 3-2-4-2-3-1
4. V-STEP (10) + RUN
5. HIKES
6. BANDIT (20) + RUN
7. TYSON
8. SWAGGIN 1:1
9. TROG
10. ENFORCER
11. ALI 22+
12. GATOR TO 3

1-5, 5-1  
2-4, 4-2  
3,3

## EL CYCLE

1. W. LUNGE
2. O-PINNED 2-1-3-1-4-1
3. GALLOW 2-1-4-3-4-1
4. SKY HIGH 4-1
5. REV PLATE PUSH

1,2,1,3,1,4,1,5  
2,3,2,4,2,5  
3,4,3,5  
4,5

## EQUALIBRIOUS

1. MOWGLI (12) + RUN
2. GIMPY DOG
3. SUICIDE 2-1-3-1-4-1
4. REV BULLDOG
5. PISTON (10) + TZN

1-8  
4-7  
3-6  
4,5

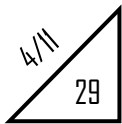
## SHRINKING

1. POTTY SHOT
2. STROW 1:1
3. RDL (8) + TZN
4. RAMBO (10) + RUN
5. KOBOLD
6. MUGGER (12) + RUN
7. QUICK FT. (20) + RUN
8. SL BOULDER

1-4  
1-3  
1-2  
1

## REV MTN

1. CURL PRESS 5+
2. RIBBITS (10) + RUN
3. ARACHNID
4. TWEAKER Ⓛ



SLOPE

- 1A, 2A, 3A, 4A, 5A
- 1B, 2B, 3B, 4B, 5B
- 1C, 2C, 3C, 4C, 5C

## CROSS-FUSION

- |                         |                     |
|-------------------------|---------------------|
| 1. HOT COALS (10) + RUN | A. ALI 22+          |
| 2. TIPPY-TAP            | B. JIGGY (20) + RUN |
| 3. TROMBONE 6+          | C. MONTAUK          |
| 4. RAMBO (10) + RUN     |                     |
| 5. SL GORGON (8) + RUN  |                     |

III.222.333...

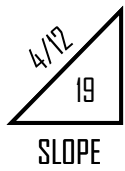
## CENTAUR3

- |                      |                 |
|----------------------|-----------------|
| 1. YETI              | 5. 3 PT. STANCE |
| 2. TALL ORDER 6+     | 6. MONGOOSE     |
| 3. HANG (10) + RUN   | 7. TROG         |
| 4. SKULLS (10) + TZN | 8. NEAPOLITAN   |

- 1-10
- 1-8
- 1-6
- 1-4
- 1.2

## REV MTN2

1. BANDIT (20) + RUN
2. YIKES!
3. MANTIS (8) + RUN
4. KNEELING SWAG (15) + TZN
5. BOVINE
6. QUICK FT. MADNESS 10
7. OFFERING
8. SLAP JACK
9. SL INCH
10. SHALO 1:1



1-5  
1-10  
1-15

## MTNS

1. BONSAI 3-1-4-2-4-1
2. TWO-STEP (20) + RUN
3. EN GARDE
4. SWAGGIN 1:1
5. MOWGLI (12) RUN

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6. LYCAN (10) + RUN
7. POTTY SHOT
8. JIGGY (20) + RUN
9. TROMBONE 6+
10. PLATE PUSH

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11. REV BULLDOG
12. PUSH UP (10) + RUN
13. VIP (10) + RUN
14. WARRIOR
15. REV PLATE PUSH

1,3,5,7,9,11,13,15  
2,4,6,8,10,12,14,16  
1-16

## ODDS, EVENS, CHECKLIST

1. STAMPEDE
2. ENFORCER
3. MONTAUK
4. CURL WALK 6+
5. CRAZY LEGS
6. FLAMINGO (6) + TZN
7. VIPER
8. PEG LEG (8) + RUN
9. VENOM
10. SUICIDE 2-1-3-1-4-1
11. VEXUM
12. SCALAWAG
13. SPD SKATES (20) + RUN
14. TROG
15. DHNO (12) + RUN
16. C.H.B.

1-10  
10-1

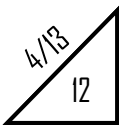
## U

1. AMAROK
2. HALO 2-1-3-1-4-1
3. HOT COALS (10) + RUN
4. TRIFECTA! 6+
5. YAK
6. GBD (15) + RUN
7. ABD MANTIS (8) + RUN
8. HANG (10) + RUN
9. CYCLONE (12) + TZN
10. REVIVAL

1  
12  
123  
1234  
12345

## MTN

1. SKY HIGH 4-1
2. RAMBO (10) + RUN
3. BOVINE
4. DIABLO
5. EXPLOSIONS



SLOPE

1-12, Pick a Centaur 3  
1-12, Pick a Centaur 3  
1-12, Pick a Centaur 3  
1-12, Pick a Centaur 3

**Only do 4x through.**

Repeats allowed...why would you?

**NEW!**

# REPTAR

PROS: For scoring, the first circuit is listed for ALL centaurs. Be sure to know which Centaur the Junkie was on. For example, say you finish midway through your 3rd Centaur and completed two of the 2<sup>nd</sup> task, you'd enter in Primates 8x for scoring.

## CENTAUR 3

1. HIKES
2. PRIMATES 4-1-3-1-2-1
3. F. LUNGE
4. PINNED 2-1-3-1-4-1

## CENTAUR 3

1. TARASQ
2. MONGOOSE
3. CYCLONE (12) + TZN
4. LYCAN (10) + RUN

## CENTAUR 3

1. POTTY SHOTS
2. NEAPOLITAN
3. MANTIS (8) + RUN
4. JUNKIE (8) + RUN

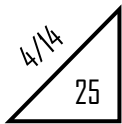
## CENTAUR 3

1. SLAP JACK
2. GARGOYLE
3. GBD (15) + RUN
4. DELAURA

## CENTAUR 3

1. AMAROK
2. VENOM
3. O-B.O.R. (10) + TZN
4. DENSER 2-1-3-1-4-1

1. BONSAI 3-1-4-2-4-1
2. MT. CLIMB (20) + RUN
3. TYSONS
4. BULLY
5. TWINKLE TOES (30) + TZN
6. INFINITY (20) + RUN
7. HANG (10) + RUN
8. SAWED OFF (10) + TZN
9. KOBOLD
10. STAT ROW (6) + TZN
11. PLATE PUSH
12. BAYOK (6) + RUN



SLOPE

1-2  
1-4  
1-6  
1-8  
1-10  
1-12

## MTN2

1. SUICIDE 2-1-3-1-4-1
2. SUE STEP (20) + RUN
3. SWAGGIN 1:1
4. TURKEYS
5. MOWGLI (12) + RUN
6. HALO 2-1-3-1-4-1
7. BALL N CHAIN
8. SA P.P.
9. JACKALOPE
10. SL PUSH UP (10) + RUN
11. TYPHON
12. WICCA

1.A  
12.B  
123.C  
1234.D  
12345.E  
123456.

1. QUICK FT. (20) + RUN
2. KIT. SINK (10) + TZN
3. W. GREMLIN
4. VEXUM
5. JIGSAW
6. GATOR TO 3

## REV XION

- A. REV HYDRA
- B. SLING SHOT 3-2-4-2-3-1
- C. TARZAN
- D. BUZZARD
- E. KAMIKAZE 4-3-4-2-4-1-4-1
- F. SL BOULDER

1-16  
1-16

## CHECKLIST(2)

1. TORO
2. BANDIT (20) + RUN
3. MIEL'S WHEELS
4. OFFERING
5. JOUNCE 2-1-3-1-4-1
6. RDL (8) + TZN
7. VEXED (10) + RUN
8. 3 PT. STANCE
9. MONTAUK
10. SKULLS (10) + TZN
11. YETI
12. MONKEY
13. V-STEP (10) + RUN
14. STAMPEDE
15. INCH WORM
16. TAKE OFF!



4/15  
22

# DEATH & TAXES

*MAD HATTER*

SLOPE

## Q1 RIPPLED

1. BONSAI 3-1-4-2-4-1
2. MT. CLIMB (20) + RUN
3. STAMPEDE
4. TROMBONE 6+
5. LYCAN (10) + RUN
6. W. GREMLIN
7. YIKES!
8. FLAMINGO (6) + TZN

1233  
2344  
3455  
4566  
5677  
6788

## Q3 1,2 PUNCH

1. GALLOW 2-1-4-3-4-1
2. MOWGLI (12) + RUN
3. TWINKLE (30) + TZN
4. B.O.R. (15) + TZN
5. CRAY-CRAY
6. APE SHOOT!
7. SCORPION to 3/back
8. PRIMATES 4-1-3-1-2-1

1,22  
1,22,3,44  
1,22,3,44,5,66  
1,22,3,44,5,66,7,88

After each circuit (or Quarter) flip a coin to find out if you owe on your taxes or if you'll receive a refund. If you must Pay-Up, do the checklist of 3 tasks. If a refund is due, simply perform Bucks once. All "hatters" are in the scoring as Bucks...therefore receiving a refund is truly fortunate, score-wise.

## Q2

1-5, 6A 6A  
1-5, 6B 6B  
1-5, 6C 6C

## REPTILIAN2

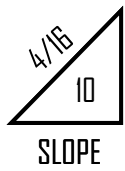
1. PLATE PUSH
2. TARASQ
3. BULLDOG
4. GBD (15) + RUN
5. HALO 2-1-3-1-4-1
- 6A. REV B.N.C.
- 6B. 3 PT. STANCE
- 6C. SLUSKI

PAY-UP	REFUND
<ol style="list-style-type: none"> <li>1. K.O.D. (20) + TZN</li> <li>2. DEATH ROW 2-1-3-1-4-1</li> <li>3. OFFERING</li> </ol>	<ol style="list-style-type: none"> <li>1. BUCKS</li> </ol>

## Q4 VERTEX

1. VENOM
2. SHWAGGIN 1:1
3. RIBBITS (10) + RUN
4. TRUMPET 9+

1  
122  
12333  
1234444



1-4  
1-8  
1-12  
1-16  
1-20  
1-24

1-8  
1-8 **CHECKLIST(2)**

1. EN GARDE
2. MOGUL (20) + RUN
3. STAMPEDE
4. SWAGGIN 1:1
5. SUE STEP (20) + RUN
6. BANDIT (20) + RUN
7. ALI 22+
8. TURKEYS

## MTN4

1. CURL WALK 6+
2. SQUONQ
3. RIBBITS (10) + RUN
4. MUGGER (12) + RUN

---

5. GALLOW 2-1-4-3-4-1
6. TROG
7. MONGOOSE
8. COALITION (10) + TZN

---

9. ABD FLAMINGO (6) + TZN
10. BUCKS
11. INFINITY (20) + RUN
12. POGOTO (6) + TZN

---

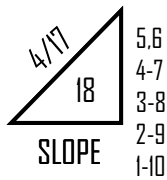
13. SUPP 10
14. TAUNTAUN
15. BENCHED (30) + TZN
16. REV INCH

---

17. AMAROK
18. SHOT PUT
19. OHNO (12) + RUN
20. CRAISE (20) + TZN

---

21. JACK BOX
22. SCURL 1:1
23. ARACHNID
24. TYSONS



5.6  
4-7  
3-8  
2-9  
1-10

## EXPANDING

1-10  
10-1  
1-10

W

1-10  
1-8  
1-6  
1-4  
1.2

## REV MTN2

1. REV B.N.C.
2. CYCLONE (12) + TZN
3. KOBOLD
4. MT. CLIMB (20) + RUN
5. GALLOW 2-1-4-3-4-1
6. HOT COALS (10) + RUN
7. TROMBONE 6+
8. BAYOK (6) + RUN
9. NEAPOLITAN
10. JACKAL

1. MONKEY
2. TIP-TOES (20) + RUN
3. HIKES
4. TARASQ
5. F. LUNGE
6. RDL (8) + TZN
7. HALO MARCH (20) + TZN
8. RAMPAGE (12) + RUN
9. W. CROOK
10. GROWLER

1. RAMBO (10) + RUN
2. ALI 22+

---

3. OGRE (10) + TZN
4. D-PINNED 2-1-3-1-4-1

---

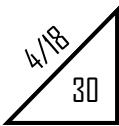
5. POTTY SHOT
6. VIP (10) + RUN

---

7. TAUNTAUN
8. XPP

---

9. DIABLO
10. SL INCH

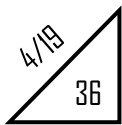


SLOPE

- 1 DOWN, 1 ACROSS
- 2 DOWN, 2 ACROSS
- 3 DOWN, 3 ACROSS
- 4 DOWN, 4 ACROSS
- 5 DOWN, 5 ACROSS
- 6 DOWN, 6 ACROSS
- 7 DOWN, 7 ACROSS
- 8 ACROSS

# DENALI

1	GALLOW 2-1-4-3-4-1	TWO-STEP (20) + RUN	STAMPEDE	BULLY	KNEEL CURL (6) + TZN	RIBBITS (10) + RUN
2	SQUONQ	RAMBO (10) + RUN	HOPSCOTCH	JIGGY (20) + RUN	FLAMINGO (6) + TZN	TARASQ
3	TYSONS	MOWGLI (12) + RUN	MIEL'S WHEELS	MONKEY	BENCHED (30) + TZN	ENFORCER
4	V-STEP (10) + RUN	REV BOVINE	SUPP (10)	KOD (20) + TZN	YETI	CRAISE (20) + TZN
5	SWAGGIN 1:1	VOO DOO	PEG LEG (8) + RUN	POTTY SHOT	ALL 21+	JANGLE LEG3
6	HIKES	DENSER 2-1-3-1-4-1	TALL ORDER 6+	THRASHER	BONSAI 3-1-4-2-4-1	C.H.B.
7	CYCLONE (12) + TZN	AMAROK	Q-BOR (10) + TZN	HAMSTRUNG	JABBERWOCKY	REVIVAL
8	PRIMATES 4-1-3-1-2-1	ABD. MANTIS (8) + RUN	MASTODON	JACK-ASS	ANACONDA	TWIZZY



SLOPE

1,2  
1-4  
1-6  
1-8  
1-10

## MTN2

1. TOES (20) + RUN
2. MOGUL (20) + RUN

---

3. BONSAI 3-1-4-2-4-1
4. V-STEP (10) + RUN

---

5. SQ. JUMP (10 + RUN
6. O-PINNED 2-1-3-1-4-1

---

7. PEG LEG (8) + RUN
8. TARASQ

---

9. M.F.T.
10. CROAKIN

1-4, 5A 5A 5A  
1-4, 5B 5B 5B  
1-4, 5C 5C 5C

## REPTILIAN3

1. W. CROOK
2. JACK-BOX
3. RDL (8) + TZN
4. MONGOOSE

---

- 5A. B. LUNGE
- 5B. GRIFTER (8) + SA PP
- 5C. PUSH UP (10) + RUN

1-12  
1-5,8-12  
1-4,9-12  
1-3,10-12  
1,2,11,12  
1,12

## CAVITY

1. GALLOW 2-1-4-3-4-1
2. CHIMP (8) + RUN
3. SHOT PUT
4. JIGGY (20) + RUN
5. HAG 1:1
6. VEXUM
7. RAMBO (10) + RUN
8. TAUNTAUN
9. CYCLONE (12) + TZN
10. COBRA (10) + PUSH
11. EN GARDE
12. YETI



### BRANCH OUT

For the 2<sup>nd</sup> and 4<sup>th</sup> circuit choose to do either A or B

**A**

#### CHECKLIST(2)

- 1. GROWLER
- 2. CYCLONE (12) + TZN
- 3. HALO 2-1-3-1-4-1
- 4. LUMBERJACK (8) + RUN
- 5. CRAZY LEGS
- 6. TALL ORDER 6+
- 7. SLING SHOT 3-2-4-2-3-1
- 8. POGOTO (6) + TZN
- 9. BUZZARD
- 10. NEAPOLITAN

**A**

#### MTN

- 1. SKY HIGH 4-1
- 2. SKUFFLE
- 3. K.O.D. (20) + TZN
- 4. OBLITERATOR
- 5. SCORPION TO 3/BACK

- 1. TAUNTAUN
- 2. PABLO

- 3. TYSON
- 4. AU 22+

- 5. PLATE SHAKE 9+
- 6. YETI

- 7. NO GIMMIES
- 8. REV BALL N CHAIN

### CENTAUR2

PICK

#### SHRINKING

- 1. REV HYDRA
- 2. BONSAI 3-1-4-2-4-1
- 3. MONGOOSE
- 4. STAT SWAG (20) + TZN
- 5. SCALAWAG
- 6. VIPER
- 7. STAT CHICKIN (18) + TZN
- 8. DECALF

PICK

### XION

- 1. GALLOW 2-1-4-3-4-1
- 2. SPD SKATES (20) + RUN
- 3. VEXED (10) + RUN
- 4. STAMPEDE
- A. COALITION (10) + TZN
- B. W. GREMLIN
- C. STAT TYPHON (10) + RUN
- D. MANTIS (8) + RUN

**B**

#### CHECKLIST(2)

- 1. AMAROK
- 2. SKULLS (10) + TZN
- 3. DEATH ROW 2-1-3-1-4-1
- 4. BOVINE
- 5. DELAURA
- 6. TRIFECTA! 6+
- 7. STACK SHOT
- 8. SLUSKI
- 9. STORK (20) + TZN
- 10. LOWLY (10) + RUN

**B**

#### MTN

- 1. SQUONQ
- 2. SHUFFLE
- 3. B.O.R. (15) + TZN
- 4. HAMSTRUNG
- 5. JABBERWOCKY

### PRO-DESIGNED WORKOUT

PRO-DESIGNED WORKOUTS ARE CREATED BY PROS OR OWNERS FROM ONE OF OUR INDEPENDENT LOCATIONS!

ARCHITECT: **MARISSA K.**

TURF: **SHELBY TOWNSHIP**



SLOPE

**PRO-DESIGNED WORKOUT**

PRO-DESIGNED WORKOUTS ARE CREATED BY PROS OR OWNERS FROM ONE OF OUR INDEPENDENT LOCATIONS!

ARCHITECT: **TIM KNIGA** TURF: **HARRISON TOWNSHIP**

1213141516  
23242526  
343536  
4546  
56

## =IBRIOUS

1. MT. CUMB (20) + RUN
2. SUE-STEP (20) + RUN
3. PLATE SHAKE 9+
4. GORGON (8) + RUN
5. ENFORCER
6. TARASQ

1-5, 6A 6A  
1-5, 6B 6B  
1-5, 6C 6C  
1-5, 6D 6D

## REPTILIAN2

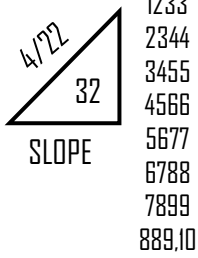
1. ALT. SQUONQ
2. PUSH UP (10) + RUN
3. JACKALOPE
4. HIKES
5. TALL ORDER 6+

- 
- 6A. YETI
  - 6B. SQ. JUMP (10) + RUN
  - 6C. REV BALL N CHAIN
  - 6D. BULLDOZER

1-12  
1-8  
1-4

## REV MTN4

1. KAMIKAZE 4-3-4-2-4-1-4-1
  2. RAMPANT (10) + RUN
  3. TYSONS
  4. BEAR
- 
5. CURL WALK 6+
  6. OBLITERATOR
  7. SHWAGGIN 1:1
  8. WARRIOR
- 
9. BRIDGED BENCH (30) + TZN
  10. THRASHER
  11. REVIVAL
  12. JACKASS



## RIPPLED

1. QUICK FT. (20) + RUN
2. BONSAI 3-1-4-2-4-1
3. SHUFFLE
4. MT. CLIMB (20) + RUN
5. SWAGGIN 1:1
- 6 XPP
7. TROG
8. MONKEY
9. GORGON PUSH UP (8) + RUN
10. MIEL'S WHEELS

PUSH, TASK  
PUSH, TASK...

## GAUNTLET

1. HALO 2-1-3-1-4-1
2. VEXED (10) + RUN
3. JIGGY (20) + RUN
4. BULLFROG
5. BENCHED (30) + TZN
6. APE SHOOT!
7. DIABLO
8. YETI
9. DEATH ROW 2-1-3-1-4-1
10. YIKES!
11. SKULLS (10) + TZN
12. THRASHER

1A1B1C  
2A2B2C  
3A3B3C  
4A4B4C

## CROSS-FIRE

1. TWINKLE TOES (30) + TZN
2. RDL (8) + TZN
3. VIPER
4. CYCLONE (12) + TZN
5. TAKE OFF!
- A. REV GARGOYLE
- B. PINNED 2-1-3-1-4-1
- C. BANDIT (20) + RUN





SLOPE

## MTN3

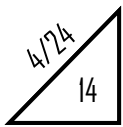
1-3  
1-6  
1-9  
1-12  
1-15

1. EN GARDE
2. SUE-STEP (20) + RUN
3. COALITION (10) + TZN
4. ALI 22+
5. MUGGER (12) + RUN
6. 3 PT. STANCE
7. STAT TYPHON (10) + RUN
8. STIGMATA (10) + RUN
9. ENFORCER
10. REV MASTODON
11. STORK (20) + TZN
12. TARASQ
13. SLAP JACK
14. SHWAGGIN 1:1
15. DELAURA

## FADED MTN4

1-15  
4-15  
7-15  
10-15  
13-15

1. REV HYDRA
2. SPIKES
3. CURL PRESS 5+
4. VENOM
5. STAT TRIFECTA (6) + TZN
6. INFINITY (20) + RUN
7. HALO 2-1-3-1-4-1
8. BULLY
9. AMAROK
10. BALL N CHAIN
11. VIP (10) + RUN
12. MONTAUK
13. POTTY SHOT
14. MONGOOSE
15. SA P.P.



SLOPE

- 1
- 1,2,2
- 1,2,3,3,3,3
- 1,2,3,4,4,4,4
- 1,2,3,4,5,5,5,5

### VERTEX

1. HOT COALS (10) + RUN
2. SWAGGIN 1:1
3. TWO-STEP (20) + RUN
4. CRAZY LEGS
5. TURKEY

- 1,2,1,3,1,4,1,5,1,6
- 6,5,6,4,6,3,6,2,6,1
- 2,3,2,4,2,5
- 5,4,5,3,5,2
- 3,4
- 4,3

### =ATERAL

1. W. STAT. SQUAT (10) + TZN
2. JAGGER (12) + RUN
3. MIEL'S WHEELS
4. BENCHED (30) + TZN
5. HIKES
6. DELAURA

- 1-10
- 1-4, 7-10
- 1-3, 8-10
- 1,2,9,10
- 1,10

### CAVITY

### 1. RAMBO (10) + RUN

### 2. TYSON

### 3. KNEELING CURL (6) + TZN

### 4. SUICIDE 2-1-3-1-4-1

### 5. REV PLATE PUSH

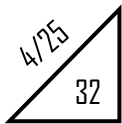
### 6. MATTADOR ⌚

### 7. SAWED OFF (10) + TZN

### 8. MT. CLIMB (20) + RUN

### 9. POTTY SHOT

### 10. TROG



SLOPE

1-10

10-1

U

1. GALLOW 2-1-4-3-4-1

2. TWINKLE TOES (30) + TZN

3. MT. CLIMB (20) + RUN

4. SWAGGIN 1:1

5. BUTT KICKS

6. PLATE PUSH

7. VIPER

8. YETI

9. STAT ROW (6) + TZN

10. HIKES

<b>PRO-DESIGNED WORKOUT</b>			
PRO-DESIGNED WORKOUT'S ARE CREATED BY PROS OR OWNERS FROM ONE OF OUR INDEPENT LOCATIONS!			
ARCHITECT:	MARISSA KUULA	TURF:	SHELBY TOWNSHIP

## FADED2 MOLE-HILLS

1-4

3,4

1-4

3,4...

1. SKULLS (10) + TZN

2. REV BEAR

3. HIGH Xs

4. COALITION (10) + TZN

1. TRIFECTA 6+

2. BOVINE

3. SQUIBBLE

4. VEXED (10) + RUN

1. SKY HIGH 4-1

2. O-B.O.R. (10) + TZN

3. INCH WORM

4. AU 22+

1. OPA! (8) + TZN

2. DENSER 2-1-3-1-4-1

3. REV B.N.C.

4. SKUFFLE

1. TOP SHELF (8) + TZN

2. BULLY

3. BUZZARD

4. CRAISE (20) + TZN

1. K.O.D. (20) + TZN

2. OZARK

3. SQ. JUMP (10) + RUN

4. TOES (20) + RUN

1. STAT HALO (18) + TZN

2. MIM 3-2-4-2-3-1

3. KOBOLD

4. QUICK FT. (20) + RUN

1. TALL ORDER 6+

2. MANTIS (8) + RUN

3. PARATROOP (10) + RU

4. SLUSKI

1. 90°(10) + TZN

2. JACK-ASS

3. CROOK

4. STAMPEDE

1. HAG 1:1

2. PUSH UP (10) + RUN

3. RIBBITS (10) + RUN

4. BANDIT (20) + RUN

## MTN2

1,2

1-4

1-6

1. YAK

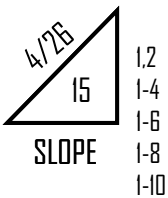
2. SUPP (10)

3. SHOT PUT

4. OBLITERATOR

5. BUCKS

6. SUNG SHOT 3-2-4-2-3-1



## MTN2

1. QUICK FT. (20) + RUN
2. TYSON

---

3. SWAGGIN 1:1
4. ALI 22+

---

5. RIBBITS (10) + RUN
6. CYCLONE (12) + TZN

---

7. REV MASTODON
8. B. LUNGE

---

9. SLING SHOT 3-2-4-2-3-1
10. K.O.D. (20) + TZN

1  
121  
12321  
1234321

## UPLIFT

1. SKY HIGH 4-1
2. RAMPAGE (12) + RUN
3. MANTIS (8) + RUN
4. SHALO 1:1

121314  
2324  
34 =IBRIOUS

1. PLATE PUSH
2. GARGOYLE
3. BALL N CHAIN
4. BONSAI 3-1-4-2-4-1

1-4, 5A 5A  
1-4, 5B 5B  
1-4, 5C 5C

## REPTILIAN2

1. REV GREMLIN
2. JACKAL
3. SAWED OFF (10) + TZN
4. DGRE (10) + TZN

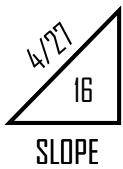
---

- 5A. VENOM
- 5B. PETRA
- 5C. REV PLATE PUSH

1234444  
12333  
122  
1

## REVERTEX

1. TYPHON
2. COALITION (10) + TZN
3. HIKES
4. PRIMATES 4-1-3-1-2-1



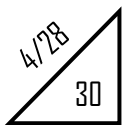
## CROSS-LISTS

PERFORM EACH SECTION AS A CHECKLIST  
AND IN THE FOLLOWING ORDER:

1A, 1B, 1C, 1D  
2A, 2B, 2C, 2D  
3A, 3B, 3C, 3D  
4A, 4B, 4C, 4D

- 1. QUICK FT. (20) + RUN  
TYSON  
SWAGGIN 1:1  
ALI 22+**
- 2. INFINITY (20) + RUN  
GORGON (8) + RUN  
MONKEY  
TOES (20) + RUN**
- 3. 45°  
PUSH UP (10) + RUN  
SA PP  
RDL (8) + TZN**
- 4. VEXED (10) + RUN  
DEATH ROW 2-1-3-1-4-1  
DEVIL  
MIEL'S WHEELS**

- A. TAUNTAUN  
BULLY  
JAGGER (12) + RUN  
REV GREMLIN**
- B. DHND (12) + RUN  
STORK (12) + TZN  
NEAPOLITAN  
KNEEL CURL (6) + TZN**
- C. ARACHNID  
TROG  
YETI  
SUICIDE 2-1-3-1-4-1**
- D. DENSER 2-1-3-1-4-1  
BULLDOG  
APE SHOOT!  
MONGOOSE**



SLOPE

Perform as a checklist and do each task the number of times indicated. Repetition pattern remains the same throughout.

**3 HIGH Xs**

**2 SQUONK**

**1 SWAGGIN 1:1**

**1 GORGON (8) + RUN**

---

**3 VIP (10) + RUN**

**2 NEAPOLITAN**

**1 SKUFFLE**

**1 MONTAUK**

---

**3 MIEL'S WHEELS**

**2 YIKES!**

**1 FLAMINGO (6) + TZN**

**1 K.O.D. (20) + TZN**

---

**3 AMAROK**

**2 ROW STROLL 6+**

**1 KAMIKAZE 4-3-4-2-4-1-4-1**

**1 GRECO**

---

**3 TURKEY**

**2 PLATE PUSH**

**1 TYPHON**

**1 RESURRECTION**

---

# MATTER HORN

**3 PARATROOP (10) + RUN**

**2 ABD. MANTIS (8) + RUN**

**1 SPIKES**

**1 REV BULLDOG**

---

**3 RAMPAGE (12) + RUN**

**2 HALO 2-1-3-1-4-1**

**1 45°**

**1 BRIDGED BENCHED (30) + TZN**

---

**3 SUICIDE 2-1-3-1-4-1**

**2 INCH WORM**

**1 B.O.R. (15) + TZN**

**1 VIPER**

---

**3 HOT COALS (10) + RUN**

**2 SKULLS (10) + TZN**

**1 STACK SHOT**

**1 POGOTO (6) + TZN**

---

**3 MT. CLIMB (20) + RUN**

**2 SCURL 1:1**

**1 JOHNNY APPLESEED**

**1 COBRA (10) + PUSH**

---

**3 KOBOLD**

**2 MONKEY**

**1 TUCKS (10) + RUN**

**1 BUZZARD**

---

**3 STAMPEDE**

**2 SL BUCKS**

**1 WICCA**

**1 SAWED OFF (10) + TZN**

---

**3 HANG (10) + RUN**

**2 PISTON (10) + TZN**

**1 JACK-ASS**

**1 GIMPY DOG**

---

**3 CURL WALK 6+**

**2 SAPP**

**1 JACKAL**

**1 GALLOW 2-1-4-3-4-1**

---

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SLOPE

# THE SERPENT

1

2

3

4

5

6

**MTN2**

**QUICK FT. (20) + RUN**

**V-STEP (10) + RUN**

**BULLY**

**SQUONO**

**HIKES**

**PINNED 2-1-3-1-4-1**

**U**

**BANDIT (20) + RUN**

**VIP (10) + RUN**

**OFFERING**

**ALT. SQUONO**

**POTTY SHOT**

**CHICKIN 2-1-3-1-4-1**

**MESA**

**TWO-STEP (20) + RUN**

**VENOM**

**STORK (20) + TZN**

**SQUIBBLE**

**APE SHOOT!**

**O-BOR (10) + TZN**

**CHECKLIST**

**RIBBITS (10) + RUN**

**VEXED (10) + RUN**

**SHWAGGIN 1:1**

**MONGOOSE**

**SPIKES**

**O-PINNED 2-1-3-1-4-1**

**MTN3**

**INFINITY (20) + RUN**

**REV VIPER**

**HALO 2-1-3-1-4-1**

**SWASHBUCKLER**

**ANACONDA**

**CROOKED PIN**

**CENTAUR2**

**HOT COALS (10) + RUN**

**VEXUM**

**CURL WALK 6+**

**KOBOLD**

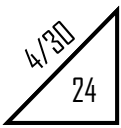
**TORO**

**DEATH ROW  
2-1-3-1-4-1**

STARTING WITH THE MTN2, PERFORM EACH CIRCUIT LISTED ON THE LEFT AND MOVING LEFT TO RIGHT AND BY THE COLUMN NUMBERS AT THE TOP. (EX MTN2 1-2, 1-4, 1-6)

ONCE THE FINAL CIRCUIT (CENTAUR2) IS COMPLETED, PERFORM THE "SERPENT" CHECKLIST BY SNAKING YOUR WAY THROUGH THE WORKOUT STARTING WITH PINNED IN THE UPPER RIGHT CORNER MOVING DOWNWARD.

SEE CIRCUIT GLOSSARY FOR CIRCUIT PROGRESSIONS



## SLOPE

Start by pushing the plate to Line 4, LEAVE IT THERE.

Run to Line 1 and then back to your plate at Line 4.

Push the plate back.

Perform the task listed.

Repeat for each task.

1-20

1-20

The "runs" are not scored in the system.

Start with the warm-up MTN

1

12

123

1234

**WARM-UP**

**MTN**

**1. SUE STEP (20) + RUN**

**2. EN GARDE**

**3. KOBOLD**

**4. RIBBITS (10) + RUN**

## ROAD RUNNER

**1. TYSONS**

**2. TURKEY**

**3. HIKES**

**4. TROMBONE**

**5. REV BEAR**

**6. F. LUNGE**

**7. POTTY SHOT**

**8. SWAGGIN 1:1**

**9. BOVINE**

**10. JACKALOPE**

**11. GREMLIN**

**12. SHOT PUT**

**13. BONSAI 3-1-4-2-4-1**

**14. WARRIOR**

**15. BIG BUCKS**

**16. PINNED 2-1-3-1-4-1**

**17. AMAROK**

**18. GATOR TO 3**

**19. DIABLO**

**20. INCH WORM**